

**KEEPERS
OF LIFE** 

CHANGING + SAVING LIVES
one human experience at a time



Sept. 25, 2025

10AM - 3PM

KEEP THEM SAFE

SAFETY PLANNING AND LETHAL MEANS

PREVENTING SUICIDE



Holiday Inn Martinsburg
301 Foxcroft Ave, Martinsburg, WV 25401

SUICIDE IS PREVENTABLE WHEN WE KNOW WHAT TO DO

This session introduces safety planning as a life-saving tool for those experiencing suicidal thoughts. Participants will learn how to create a plan that includes coping strategies, support resources, and reducing access to lethal means. The session will also cover how to have effective, compassionate conversations around means safety. This evidence-based skill is vital to preventing suicide and saving lives.

WHO SHOULD ATTEND

Designed for school counselors, social workers, nurses, mental health professionals, and anyone who wants to help prevent suicide and save lives.

INSTRUCTORS

Michelle Tomam of BrotherUp Foundation
Barri Faucett of Prevent Suicide WV

SCAN TO REGISTER OR VISIT

→ <https://tinyurl.com/3wdveba3>



CENTER OF EXCELLENCE
FOR RECOVERY



TRAINING IS FREE, BUT REGISTRATION IS REQUIRED.

Please note: Lunch is not provided. A one-hour break will be from 12–1 PM.

Lodging: 50 rooms are reserved @ the Holiday Inn Martinsburg, the night of Sept. 24 for individuals traveling over 100 miles - Call 304-267-5500 and give code "SFP"

MUST BE RESERVED BY SEPT. 2 - FIRST COME-FIRST SERVE BASIS